

September 1, 2023

Dear Main Road School Parents and Guardians,

I hope this letter finds you well. As we gear up for the upcoming school year, we are excited to introduce a new initiative that aims to enhance the well-being and academic experience of our students: the Breakfast After the Bell program.

We understand that a nutritious breakfast is essential for your child's success in the classroom. Therefore, we are pleased to announce we are continuing to offer a Breakfast After the Bell program at Main Road School. This program is designed to ensure that all students have access to a healthy breakfast, setting a positive tone for their day of learning.

Here's what you need to know about the program:

**Program Details:**

**Start Time of School Day:** Our school day officially begins at 8:00 AM.

**Start Time of Breakfast:** Breakfast will also start promptly at 8:00 AM. Students will have the opportunity to enjoy a nutritious meal to fuel their minds and bodies for the day ahead.

**End Time for Breakfast After the Bell:** The Breakfast After the Bell program will run until 8:40 AM in the school's cafeteria. This extended window provides flexibility for students to enjoy breakfast at their convenience, allowing them to maximize their learning time.

We believe that a healthy breakfast not only supports academic success but also promotes overall well-being. Research has shown that students who eat breakfast are more focused, have improved concentration, and are better equipped to actively engage in the learning process.

We encourage all parents and guardians to take advantage of the Breakfast After the Bell program. Whether your child is dropped off during the homeroom period or arrives just before the start of classes, they will have the opportunity to start their day with a nourishing meal.

As we roll out this program, we are committed to creating a positive and inclusive environment for all students. If your child has specific dietary needs or allergies, please do not hesitate to reach out to our school's cafeteria staff or school nurse, and we will work to accommodate those needs.

We are excited about the positive impact that the Breakfast After the Bell program has on our students' overall well-being and academic success. We look forward to working together to ensure that every child starts their day on the right foot.

Thank you for your continued support and partnership. If you have any questions or require further information, please feel free to contact our district's Food Service Director at 856-629-9500 X1105 .

Sincerely,

Amy Morley  
Principal